

Adhiäma: Ye kunu gör diktordu bë nyic: ASTHMA: WHAT YOUR DOCTOR NEEDS TO KNOW

A community resource in Dinka

Dök yin në wəl kök (ci ke göt në diktör ka këc ëke göt)?

Are you taking other medicines - prescribed or not prescribed?

Ye yin päppa (puffer) maṅök dac kuṓth?

How often do you use a blue puffer?

Ye yin math ka ciëṅë kekë ranëmath?

Do you smoke or live with a smoker?

Dëké yin ye ciit adhiäma yök të cæeth ka kat yin?

Do you get asthma symptoms when you exercise?

Nṅ yin tuenytueny kök (puṓu, göyök, kuënyëpuṓu)?

Do you have other illnesses (heart, lung, emotional)?



Ee yin päac waköu ke ṅṅol/boyiitiit (lbtëriit ë wum) /rööm pëem (puöu)

Are you waking up at night with cough, wheeze (whistling noise), tight chest?

Nṅ yin këwac ke guöpdu, juënayel ka akuök (dermatitis)?

Do you have allergies, hay fever, or eczema (dermatitis)?

Dëké adhiämadu ye yi pën ba pirdu nyiec both apuṓth?

Does your asthma stop you from living life well?

Ye yin wälëgël dhukyötëwëëi dac lööm?

How often are you taking your preventer inhaler?