

***Be part of the AIRR project.
Adelaide Integrated Respiratory Response***

Who can join?

If you have asthma or COPD, and are over 18yrs, then we would like to invite you to join the AIRR project.

What does it involve?

- You will be invited to attend several workshops with your health care team (GP, Nurse, Pharmacist) that will provide information on self-management of your condition and how to best work with your health care team. The workshops will be held either at your clinic or in a nearby venue.
- During the project, an Asthma Educator or COPD Respiratory Nurse will contact you to offer additional advice and support by phone. You may continue to get support from these services if you wish to do so.
- You will be asked to complete surveys and may be interviewed at the end of the project.
- Your input is valued and will help your health care team deliver patient-centred care to you and all patients with asthma or COPD.
- You will receive a \$50 gift voucher for your time and attendance at each **2.5-hour** workshop.

What next?

If your GP, Nurse or Pharmacist has recommended you then once you have provided your consent, we will contact you.

We look forward to working with you. For further information call (08) 8238 9339 or email airr@asthma.org.au

Asthma Australia