

# 你的医生需要知道的信息:

## Asthma: What your doctor needs to know

A community resource in Simplified Chinese

● 你是否在用其它药物 (处方药或非处方药)?

Are you taking other medicines - prescribed or not prescribed?

● 你多常使用你的蓝色吸入剂?

How often do you use a blue puffer?

● 你是否吸烟或与吸烟人士同住?

Do you smoke or live with a smoker?

● 你在运动时是否会出现哮喘症状?

Do you get asthma symptoms when you exercise?

你是否有其他疾病  
(心脏、肺部、精神)?

Do you have other illnesses  
(heart, lung, emotional)?



● 你是否会在晚上因为咳嗽/气喘(口哨声一样的杂音)/胸口发紧而从睡眠中醒来?

Are you waking up at night with cough, wheeze (whistling noise), tight chest?

● 你是否有过敏、花粉症或湿疹(皮肤炎)?

Do you have allergies, hay fever, or eczema (dermatitis)?

● 你的哮喘有否影响生活?

Does your asthma stop you from living life well?

● 你多常使用你的预防性吸入剂?

How often are you taking your preventer inhaler?