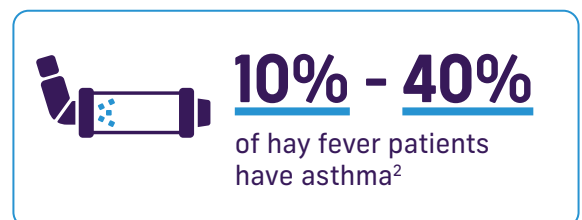
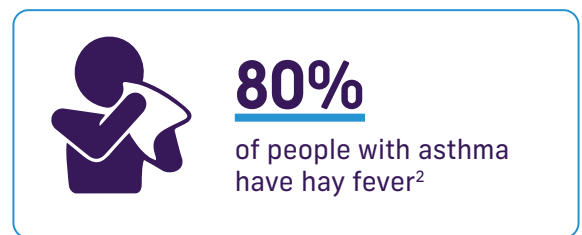
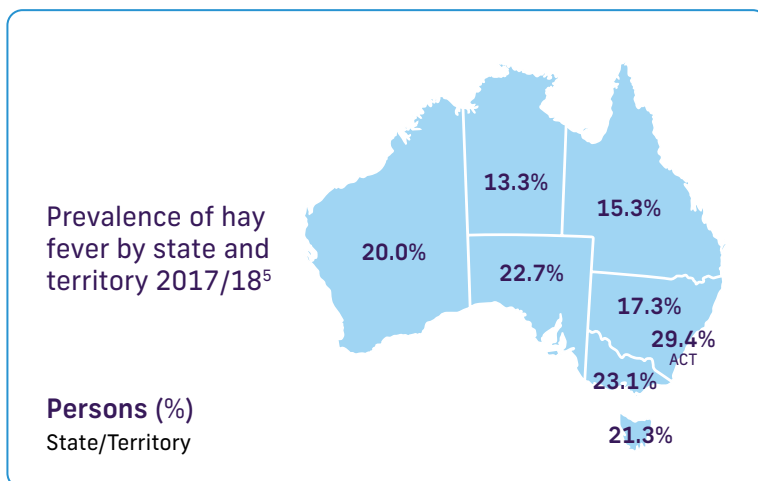
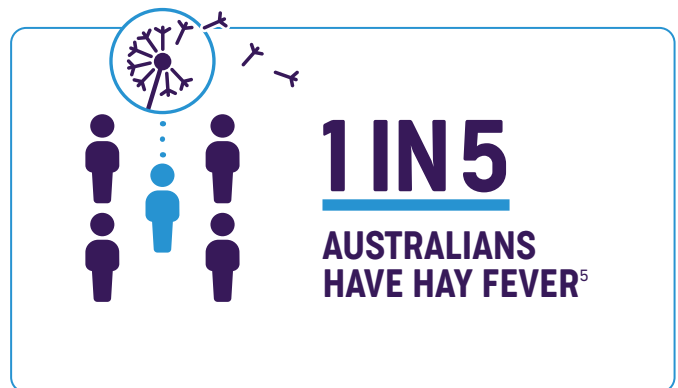


ASTHMA & HAY FEVER



Asthma and hay fever (allergic rhinitis) are closely linked, so managing hay fever and allergies is an important part of asthma care. Better control and management of hay fever has been shown to improve asthma control in both adults and children. ^{1,2,3,4}



People with asthma who have hay fever experience^{1,6,7}:

- More asthma flare-ups
- More visits to their GP and asthma-related hospitalisations
- More time off work or school
- Higher annual medical costs

ADULT ASTHMA HOSPITALISATION
Among adults with asthma, hospitalisation rates peak during the winter months and early spring (May – Sep)⁸



For more information about asthma and allergies:

1800 ASTHMA
(1800 278 462)

asthma.org.au

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PARTNERS



Flo, White Magic and eChamber are campaign partners of Asthma Australia and have not been involved in the development of this resource.