

INGREDIENTS GUIDE FOR ASTHMA MEDICINES



In Australia, medicines are prescribed using their active ingredient name, rather than their brand name. The active ingredient is the generic drug the medicine contains.

In some cases your doctor might specify a specific brand on your prescription, but if they don't, you could be offered a generic at the chemist.

In some cases, the generic might come in a different delivery device. If this happens, discuss with your doctor or pharmacist if this is appropriate for you, and ask them to train you on how to use the new inhaler correctly.

HOW TO USE THIS RESOURCE?

- 1 LOOK FOR THE NAME OF YOUR MEDICINE ON THE LEFT SIDE**
- 2 REFER TO THE BRAND NAMES AVAILABLE THE RIGHT COLUMN**
- 3 FIND THE MEDICINE TYPE AT THE TOP OF THE SECTION TO REMIND YOURSELF WHAT IT DOES**

It's as simple as that. With this resource, you'll be clear on what your prescriptions are for and what they mean for your asthma.

ACTIVE INGREDIENTS	BRANDS AVAILABLE
ANTI-INFLAMMATORY RELIEVERS	
Relieves symptoms and reduces risk of serious flare-ups by treating inflamed airways	
Beclometasone and formoterol <i>(Only used as an anti-inflammatory reliever as part of a Maintenance and Reliever Therapy plan)</i>	Fostair Inhaler
Budesonide and formoterol	Bufomix Easyhaler; DuoResp Spiromax; Rilast Rapihaler; Rilast Turbuhaler; Symbicort Rapihaler; Symbicort Turbuhaler
BLUE RELIEVERS	
Works by opening the airways and providing quick relief of symptoms	
Salbutamol	Airomir Autohaler; Asmol Inhaler; Ventolin Inhaler, Zempreon Inhaler
Terbutaline	Bricanyl Turbuhaler
PREVENTERS	
Works to prevent asthma symptoms, improve asthma control, reduce risk of flare-ups, reduce sensitivity to triggers by treating inflammation	
Budesonide	Pulmicort Turbuhaler
Beclometasone dipropionate	QVAR Autohaler; QVAR Inhaler
Fluticasone furoate	Arnuity Ellipta
Fluticasone propionate	Axotide Accuhaler; Axotide Inhaler; Axotide Junior Accuhaler; Axotide Junior Inhaler; Flixotide Accuhaler; Flixotide Inhaler; Flixotide Junior Accuhaler; Flixotide Junior Inhaler; Fluticasone Cipla Inhaler

ACTIVE INGREDIENTS	BRANDS AVAILABLE
COMBINATION PREVENTERS	
Works to prevent asthma symptoms, improve asthma control, reduce risk of flare-ups, reduce sensitivity to triggers by treating inflammation, like regular preventers. They also contain a long-acting medicine which relaxes airway muscles.	
Beclometasone and formoterol	Fostair Inhaler
Budesonide and formoterol	Bufomix Easyhaler; DuoResp Spiromax; Rilast Rapihaler; Rilast Turbuhaler; Symbicort Rapihaler; Symbicort Turbuhaler
Fluticasone furoate and vilanterol	Breo Ellipta
Fluticasone propionate and formoterol	Flutiform Inhaler
Fluticasone propionate and salmeterol	Evocair Inhaler; Fluticasone Salmeterol Ciphaler; Fluticasone + Salmeterol Cipla Inhaler; Pavtide Accuhaler; Pavtide Inhaler; SalplusF DPI; SalplusF Inhaler; Seretide Accuhaler; Seretide Inhaler; Salflumix Easyhaler
Mometasone furoate and indacaterol	Atecura Breezhaler
TRIPLE THERAPY PREVENTERS	
Works to prevent asthma symptoms, improve asthma control, reduce risk of flare-ups, reduce sensitivity to triggers by treating inflammation, like regular preventers. They also have two long-acting medicines which relax airway muscles.	
Beclometasone, formoterol and glycopyrronium	Trimbow Inhaler
Budesonide, formoterol and glycopyrronium	Breztri Aerosphere
Fluticasone furoate, vilanterol and umeclidinium	Trelegy Ellipta
Mometasone furoate, indacaterol and glycopyrronium	Energair Breezhaler
ADD-ON ASTHMA MEDICINES	
Montelukast	APX-Montelukast 5; APX-Montelukast 10; Montelair 4, Montelair 5; Montelair 10; Montelukast Intas 4; Montelukast Intas 5; Montelukast Intas 10; Montelukast Lupin 4; Montelukast Lupin 5; Montelukast Lupin 10; Montelukast Sandoz 4; Montelukast Sandoz 5; Montelukast Sandoz 10; Montelukast Viatris 4; Montelukast Viatris 5, Montelukast-WGR 4; Montelukast-WGR 5
Tiotropium	Spiriva Respimat
BIOLOGICS (monoclonal antibodies)	
Works by preventing symptoms, reduces risk of flare-ups and reduces steroid requirement by interrupting the pathway that leads to airway inflammation	
Benralizumab	Fasenra
Depemokimab	Exdensur
Dupilumab	Dupixent
Mepolizumab	Nucala
Omalizumab	Omlyclo; Xolair
Tezepelumab	Tezspire
RESCUE MEDICINES (oral steroids)	
Works by relieving severe and dangerous symptoms in an emergency through reducing inflammation throughout the body	
Dexamethasone	Tablet: Dexmethsone
Prednisone	Tablet: Panafcort; Predsone; Sone
Prednisolone	Tablet: Panafcortelone; Predsolone; Solone
Prednisolone sodium phosphate	Liquid: Predmix; Redipred

If you have questions about your asthma, asthma medicine or treatment speak to your doctor or call one of our Asthma Educators on **1800 ASTHMA** (1800 278 462). Alternatively, you can book a call by visiting asthma.org.au.