

ASTHMA IN AUSTRALIA



1 IN 9

AUSTRALIANS REPORT HAVING ASTHMA

Nearly 2.8 million people¹

HOSPITALS AND EMERGENCY IN 2023-24



About

32,000

hospitalisations were due to asthma³

About

92,000

Emergency Department visits were related to asthma⁴

10.8%

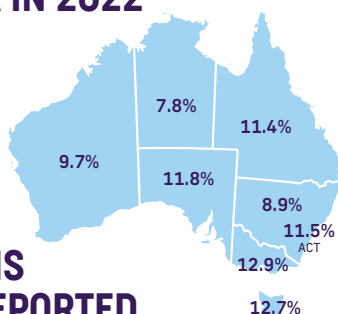
OF AUSTRALIANS REPORTED HAVING ASTHMA IN 2022¹

Persons (%)
State/Territory



16.6%

OF FIRST NATIONS AUSTRALIANS REPORTED HAVING ASTHMA IN 2022-23²



90%

of asthma hospitalisations were **potentially preventable** with optimised care in the community^{3,5}



43%

of asthma hospitalisations were in **children aged 0-14³**



478

AUSTRALIANS DIED FROM ASTHMA IN 2024⁶

322 females
156 males

50% of asthma deaths were in women aged 75 years and over⁷

MORTALITY RATES ARE HIGHER FOR:^{8,9}



People living in outer regional areas



People living in areas of highest socio-economic disadvantage



First Nations people

ASTHMA WAS THE LEADING CAUSE

OF DISEASE BURDEN IN 2024 FOR CHILDREN¹⁰
(aged 1-9 years)



2nd leading cause for children aged 10-14 years

4th leading cause for teenagers aged 15-19 years

10th leading cause for all ages combined

ONLY 1 IN 3 PEOPLE WITH ASTHMA:



Use regular daily medication¹



Have an Asthma Action Plan¹

For medical advice on how to best treat and manage your asthma, speak to your doctor or pharmacist.

To speak with an Asthma Educator, call 1800 ASTHMA (1800 278 462) or visit asthma.org.au

1. Australian Bureau of Statistics (ABS). Asthma [Internet, cited 2025 Nov 25]. www.abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release 2. ABS. National Aboriginal and Torres Strait Islander Health Survey, 2022-23 [Internet, cited 2025 Nov 25]. www.abs.gov.au/statistics/people/aboriginal-and-torres-strait-islander-peoples/national-aboriginal-and-torres-strait-islander-health-survey/latest-release 3. Australian Institute of Health and Welfare (AIHW). Principal diagnosis data cubes. Separation statistics by principle diagnosis, Australia 2023-24 [Internet, cited 2025 Jul 9]. www.aihw.gov.au/reports/hospitals/principal-diagnosis-data-cubes/contents/summary 4. AIHW. Emergency department care. Emergency department care 2023-24 data tables [Internet, cited 2025 Nov 25]. www.aihw.gov.au/hospitals/topics/emergency-departments 5. AIHW. Data. Admitted patient care 2023-24 8: Safety and quality of health systems [Internet, cited 2025 Nov 25]. www.aihw.gov.au/hospitals/latest-updates-and-downloads/data 6. ABS. Causes of Death, Australia, 2024 data cubes [Internet, cited 2025 Nov 14]. www.abs.gov.au/statistics/health/causes-death/causes-death-australia/2024 7. National Asthma Council Australia. Asthma Mortality Statistics 2024 [Internet, cited 2025 Nov 25]. www.nationalasthma.org.au/living-with-asthma/resources/health-professionals/infographics/asthma-mortality-statistics-2024 8. AIHW. Asthma [Internet, cited 2025 Nov 25]. Updated 27 Nov 2024. <https://www.aihw.gov.au/reports/chronic-respiratory-conditions/asthma> 9. Australian Institute of Health and Welfare & National Indigenous Australians Agency. Measure 1.04 Respiratory disease, Aboriginal and Torres Strait Islander Health Performance Framework website, 2023 [Internet, cited 25 November 2025]. www.indigenoushpf.gov.au/measures/1-04-respiratory-disease 10. AIHW. Australian Burden of Disease Study 2024 [Internet, cited 2025 Nov 25]. www.aihw.gov.au/reports/burden-of-disease/australian-burden-of-disease-study-2024