



USE OF CORTICOSTEROID TABLETS IN ASTHMA

Consumer survey results



1808 PEOPLE WITH ASTHMA SURVEYED



For those with corticosteroid tablets or a script at home:

44% DID NOT HAVE INSTRUCTIONS

in an Asthma Action Plan describing when and how to take them



For those who have used corticosteroid tablets:

55% HAVE EXPERIENCED SIDE EFFECTS

MOST COMMON SIDE EFFECTS



trouble sleeping



weight gain



mood problems (anxiety/depression)



OTHER SIDE EFFECTS REPORTED

10%

- osteoporosis
- high blood pressure
- problems with vision
- increased number of infections

1-5%

- diabetes
- bone fractures
- heart problems
- kidney problems
- blood clots



1 IN 3 FELT THEY WERE NOT INFORMED

by their health care team on the side effects of corticosteroid tablets



More than

50% FELT THEMSELVES AND THEIR DOCTOR COULD BE BETTER EDUCATED

about the best way to use corticosteroid tablets and their potential side effects