

To help make asthma management easier in schools, we have resources available:

### **Asthma Guidelines for Schools**

- [National Asthma Guidelines](#)

### **Asthma Equipment**

- [Purchase an Asthma Emergency Kit](#)
- [Asthma Emergency Kit Log](#)

### **Asthma Information**

- [Asthma Basic Facts](#)
- [What is Asthma Video](#)
- [Asthma Triggers](#)
- [Asthma, Anxiety and Depression](#)
- [Asthma Medication](#)
- [Asthma Device Technique](#)
- [Wheeze fact sheet \(Parents of children under 6\)](#)
- [Asthma and COVID symptoms checklist](#)

### **Asthma Action Plans**

- [Asthma Action Plans](#)

### **Asthma Care Plans**

- [Asthma Care Plan for Education and Care Services](#)
- [Asthma Care Plan for Education and Care Services – fillable](#)

### **Asthma First Aid**

- [Asthma First Aid A4 Poster](#)
- [Asthma First Aid A5 Poster](#)
- [Asthma First Aid DL Poster](#)
- [Adjustments to consider during the COVID-19 pandemic](#)

### **Apps**

- [KissMyAsthma](#) an app design for young people with asthma
- [Asthma First Aid App](#)
- [Indigenous Asthma App](#)

### **Other**

- [Victorian Schools Camp & Excursion Plan](#)

### **Templates**

- [Asthma Management Policy - sample template](#)
- [Individual Asthma Risk Minimisation Plan - sample template](#)
- [Parent/Carer Asthma Action Plan letter - sample template](#)
- [Risk Management Checklist - sample template](#)

### **Animated Videos**

- [Asthma symptom identification in children animated video](#)
- [What is a spacer and why is it so important to use? animated video](#)

If you're looking for any other school-related resources, please contact us [here to request them](#) or [Book A Call](#) with our Asthma Educators.