

ASTHMA EMERGENCY KIT LOG

**This form is to be used by staff to record use of this Kit.
It is in addition to the first aid log as required by worksite policies.**

This log should be completed whenever the kit is used and kept with the kit until it needs to be replaced.

Completed forms should be stored with the worksite first aid log.
Additional forms can be downloaded at asthma.org.au

Important: Check medication expiry date.



DATE	TIME	NAME OF PERSON BEING TREATED	DESCRIBE PRESENTATION	ACTION TAKEN	PUFFER COUNT Count down from 200	WORKSITE REPORT COMPLETED (Yes/No)	EMERGENCY CONTACT NOTIFIED	NAME OF PERSON MAKING ENTRY Print name and sign
E.g. 1/01/23	10:30am	A. Zmah	Short of breath, coughing	Given 4 puffs with spacer	196	Yes	Called emergency contact	J. Smith

ASTHMA FIRST AID

Blue/Grey Reliever

Airomir, Asmol, Ventolin or Zempreon and Bricanyl

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma

- is not breathing

- suddenly becomes worse or is not improving

- is having an asthma attack and a reliever is not available

- is unsure if it is asthma

- has a **known allergy to food, insects or medication** and has **SUDDEN BREATHING DIFFICULTY, GIVE ADRENALINE AUTOINJECTOR FIRST (if available), even if there are no skin changes, then use a reliever**

DIAL TRIPLE ZERO (000) FOR AN AMBULANCE IMMEDIATELY IF THE PERSON:



SIT THE PERSON UPRIGHT



1

- Be **calm** and reassuring
- Do **not leave** them alone

GIVE 4 SEPARATE PUFFS OF RELIEVER PUFFER



2

- Shake puffer
- Put **1 puff** into spacer
- Take **4 breaths** from spacer
 - Repeat until **4 puffs** have been taken



If using **Bricanyl**, give 2 separate inhalations (5 years or older)

If you don't have a spacer handy in an emergency, take **1 puff** as you take **1 slow, deep breath** and hold breath for as long as comfortable. **Repeat** until all puffs are given

WAIT 4 MINUTES



3

- If breathing does not return to normal, give **4 more separate puffs** of reliever as above



Bricanyl: Give 1 more inhalation

IF BREATHING DOES NOT RETURN TO NORMAL

4



DIAL TRIPLE ZERO (000)

- Say 'ambulance' and that someone is having an asthma attack
- Keep giving **4 separate puffs every 4 minutes** until emergency assistance arrives



Bricanyl: Give 1 more inhalation **every 4 minutes** until emergency assistance arrives



ASTHMA AUSTRALIA

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