

ASTHMA IN AUSTRALIA



1 IN 9

AUSTRALIANS REPORT HAVING ASTHMA

Nearly 2.8 million people¹

HOSPITALS AND EMERGENCY IN 2024-25



About

33,000

hospitalisations were due to asthma³

About

60,000

Emergency Department visits were due to asthma⁸

10.8%

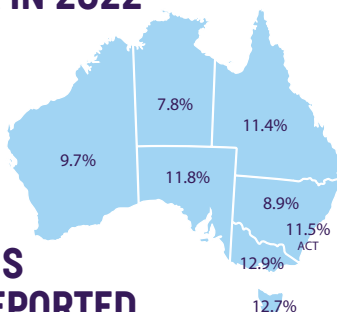
OF AUSTRALIANS REPORTED HAVING ASTHMA IN 2022¹

Persons (%)
State/Territory



16.6%

OF FIRST NATIONS AUSTRALIANS REPORTED HAVING ASTHMA IN 2022-23²



70%

of asthma hospitalisations in people aged 15 and over were in girls and women³



45%

of asthma hospitalisations were in children aged 0-14³



484

AUSTRALIANS DIED FROM ASTHMA IN 2025⁶

315 females
169 males

50% of asthma deaths in 2024 were in women aged 75 years and over⁷

MORTALITY RATES ARE HIGHER FOR:⁸



People living in regional areas



People living in areas of highest socio-economic disadvantage



First Nations people

ASTHMA WAS THE 1ST LEADING CAUSE OF DISEASE BURDEN IN 2024 FOR SCHOOL-AGE CHILDREN⁴

(5-14 years)

1st leading cause for young children aged 1-4 years⁵

4th leading cause for teenagers aged 15-19 years⁵

10th leading cause for all ages combined⁵



ONLY 1 IN 3 PEOPLE WITH ASTHMA:



Use regular daily medication¹



Have an Asthma Action Plan¹

For medical advice on how to best treat and manage your asthma, speak to your doctor or pharmacist.

To speak with an Asthma Educator, call 1800 ASTHMA (1800 278 462) or visit asthma.org.au



1. Australian Bureau of Statistics (ABS). Asthma [Internet, cited 2025 Nov 25]. www.abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release 2. ABS. National Aboriginal and Torres Strait Islander Health Survey, 2022-23 [Internet, cited 2025 Nov 25]. www.abs.gov.au/statistics/people/aboriginal-and-torres-strait-islander-peoples/national-aboriginal-and-torres-strait-islander-health-survey/latest-release 3. Australian Institute of Health and Welfare (AIHW). Principal diagnosis data cubes. Separation statistics by principle diagnosis, Australia 2024-25 [Internet, cited 2026 Aug 7]. www.aihw.gov.au/reports/hospitals/principal-diagnosis-data-cubes/contents/summary 4. AIHW. Health of Children [Internet, cited 2026 Aug 7]. <https://www.aihw.gov.au/reports/children-youth/health-of-children> 5. AIHW. Australian Burden of Disease Study 2024 [Internet, cited 2026 Aug 7]. www.aihw.gov.au/reports/burden-of-disease/australian-burden-of-disease-study-2024 6. ABS. Causes of Death, Australia, 2025 data cubes [Internet, cited 2026 Oct 27]. www.abs.gov.au/statistics/health/causes-death/causes-death-australia/2025 7. National Asthma Council Australia. Asthma Mortality Statistics 2024 [Internet, cited 2025 Nov 25]. www.nationalasthma.org.au/living-with-asthma/resources/health-professionals/infographics/asthma-mortality-statistics-2024 8. AIHW. Asthma [Internet, cited 2026 Aug 7]. <https://www.aihw.gov.au/reports/chronic-respiratory-conditions/asthma>