



## HEALTHCARE PROFESSIONAL SERVICES

Asthma Australia is committed to supporting the delivery of best-practice, person-centred care for people with asthma. And we can't do that without you, our healthcare professional community.

This document is intended to be a reference guide to the services and support that we provide for healthcare professionals who work with people with asthma.

- Scroll down to learn about 1800 ASTHMA (1800 278 462), our Asthma Educator Service and how you can refer your patients for free evidence-based support.
- Discover some of the most requested and helpful rated Clinical practice tools created to support you in your practice, including the ACQ5 tool and Asthma Action Plan.
- Read on as we our spotlight our Resources to support Professional Development, featuring accredited online medical education.

### **ASTHMA LINK**

**Asthma Australia's e-newsletter for healthcare professionals who care for people with asthma.**

We recognise that you are busy and so in each edition, we curate a limited collection of articles which are relevant and useful in clinical practice.

**Subscribe: [asthma.org.au/health-professionals/asthmalink](http://asthma.org.au/health-professionals/asthmalink)**



# 1800 ASTHMA (1800 278 462)

## SUPPORT FOR ASTHMA PATIENTS

When patients need extra help understanding their asthma, identifying their triggers or using their device, you can refer them to our Asthma Educators.

Phone consultations with the Asthma Australia Asthma Educators are funded by Federal and State Governments to improve patient education, based on the Australian Asthma Handbook (National Council of Australia, 2022).

People with asthma who engage with one of our Asthma Educators find the support they received has helped them to really understand their condition, triggers and the Asthma Action Plans and medications that you prescribe.

We see ourselves as a complementary service to the management pathways you set your patients on, and we have the time, experience in coaching people with asthma and resources at our fingertips.

Designed to fit within your workflow, and save you time, the Asthma Australia Asthma Action Plan is available to you in a variety of formats.



“ This is tremendously reassuring and raises my confidence. It is so comforting to be given this time to talk through medications and how to use them. You have indulged all my questions and their wide variety. ” - 1800 ASTHMA Caller

## HOW TO REFER TO 1800 ASTHMA

You can refer patients 3 years and older to the Asthma Australia Asthma Educator support service. We offer a variety of options to suit your preferences.

- In **Best Practice, Medical Director or ZEMED** a referral template is available within the software.
- An **online referral form** is available via the Asthma Australia website.
- **Downloadable referral forms** you can print, complete, and send via Fax to: 07 3257 1080 or Secure Message: Healthlink (asthmaus)

Refer your patients:

[asthma.org.au/health-professionals/refer-to-asthma-australia](http://asthma.org.au/health-professionals/refer-to-asthma-australia)

**ASTHMA AUSTRALIA** REFERRAL SERVICE

Refer your asthmatic patients on track between visits with our free telephone support. You can refer your asthmatic patients over their usual visit to Asthma Australia helpline or via [asthma.org.au/referrals](http://asthma.org.au/referrals)

**REFERRED DETAILS**

Health Service Name: \_\_\_\_\_ Date: \_\_\_\_\_  
First Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Sex: \_\_\_\_\_  
Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_

Would you like to receive a patient number report? Yes No  Yes  No  (Tick, Investment casting, Healthlink Fax Email)

**PATIENT CONSENT AND CONTACT DETAILS**

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Age: \_\_\_\_\_ Gender: \_\_\_\_\_ What are you completing this for? (tick all that apply) Parent/Carer: \_\_\_\_\_ Other: \_\_\_\_\_  
Contact First Name: \_\_\_\_\_ Contact Surname: \_\_\_\_\_ Contact Number: \_\_\_\_\_  
Contact Email Address: \_\_\_\_\_ Contact Mobile Number: \_\_\_\_\_  
Contact Address Line 1: \_\_\_\_\_ Contact Address Line 2: \_\_\_\_\_  
State: \_\_\_\_\_ City: \_\_\_\_\_ Post Code: \_\_\_\_\_

By completing this form, your consent has been obtained from the participants to provide their contact details to Asthma Australia for purposes of their ongoing assessment and support.

**NOTES** (including consent medications if applicable)

SUBMIT COMPLETED FORMS VIA:  
Fax to: 07 3257 1080 (Healthlink (asthmaus))  
Via secure message: Support Asthma Australia 1800 278 462 or 1800 278 462 via Healthlink (asthmaus)

**ASTHMA AUSTRALIA**





# RESOURCES TO SUPPORT YOUR PROFESSIONAL DEVELOPMENT

## ONLINE MEDICAL EDUCATION – ASTHMA IN AUSTRALIA: PRACTICAL SOLUTIONS FOR CHALLENGES IN PRIMARY CARE

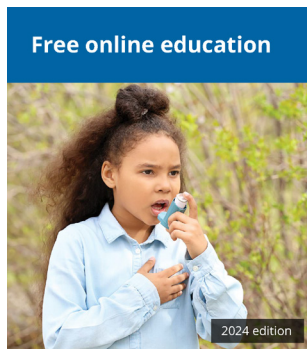
Asthma Australia is a content partner with ThinkGP, and proudly sponsors the **Asthma in Australia** series. This is free, evidence-based, up-to-date and accessible learning for healthcare professionals.

This patient-focused and clinically relevant medical education is provided with flexibility in mind and includes:

- six single Modules, each worth 1 hour of Educational Activity (EA) time
- an Advanced Course which will provide 6 hours of EA time and 2 hours of Reviewing Performance (RP) time
- videos of different perspectives on lived experience with asthma.

The **Asthma in Australia** series is one of the most popular training on the platform, so join the thousands of healthcare professionals like you who have completed one, or more, of the Modules and gain confidence in the practical implementation of guidelines and use of Asthma Action Plans.

*"This activity is a must for any GP who has asthma patients to improve their knowledge and confidence in managing patients with asthma, either kids or adults." -GP*



ThinkGP  
www.thinkgp.com.au

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Register: [asthma.org.au/what-we-do/training/asthma-workshop-series](https://asthma.org.au/what-we-do/training/asthma-workshop-series)

## FUNDAMENTALS IN SPIROMETRY – ONLINE TRAINING

Asthma Australia, in partnership with Spirometry Training Company, is offering Fundamentals in Spirometry. This online spirometry training course is designed to give participants a solid theoretical foundation in how to perform quality spirometry to international best practice standards to optimise asthma diagnosis and management.

Register: [asthma.org.au/spirometry-training](https://asthma.org.au/spirometry-training)



PROUDLY  
SUPPORTING



## FUNDAMENTALS IN SPIROMETRY

This self-paced online training course gives a solid theoretical foundation in how to perform **quality spirometry** according to international best practice standards.



## LUNG LEARNING HUB

The Lung Learning Hub hosts quality evidence-based respiratory health education and training for primary healthcare professionals to optimise patient outcomes. Through the self-appraisal tool, you can assess your current skill level against competencies and capabilities in the Lung learning Framework.

## NEW FOR 2024: THE QUAD

The QUAD: the new Quality use of Medicines in Chronic Airways Disease healthcare professional education program is now available.



The project, funded by the Australian Government Department of Health and Aged Care under the Quality Use of Diagnostics, Therapeutics and Pathology Program, is delivered by the Lung Learning Partnership, a consortium of the Lung Foundation Australia, The Thoracic Society of Australia and New Zealand (TSANZ), and Asthma Australia.

The program and three education packages on breathlessness, COPD and asthma, have been informed by a consultative design process with both healthcare professionals and people with lived experience, to deliver useful and relevant content that meets the contemporary needs of healthcare professionals as they support people with chronic airways disease.

The QUAD: [lunglearninghub.com.au/the-quad](https://lunglearninghub.com.au/the-quad)