

ASTHMA IN OLDER GIRLS AND WOMEN



1 IN 7
AUSTRALIAN GIRLS AND WOMEN AGED 15 AND OVER REPORT HAVING ASTHMA
 Over 1.4 million girls and women¹

ASTHMA WAS THE 4th LEADING CAUSE OF DISEASE BURDEN IN 2024 FOR WOMEN aged 35-44 years⁵

- 5th leading cause** for women aged 20-24 and 45-49 years
- 6th leading cause** for women aged 15-19 and 25-34 years

13.6% of girls and women aged 15 and over reported having asthma in 2022¹

9.2% of boys and men aged 15 and over reported having asthma in 2022¹

Nearly **TWICE** as many women as men aged **55-64 years** reported having asthma (15.3% vs 8.4%)¹

478 Australians died from Asthma in 2024²

322 DEATHS (Women)

156 DEATHS (Men)

50% of asthma deaths were in women aged **75 years and over**³

2X more girls and women died from asthma than boys and men

HOSPITALS AND EMERGENCY IN 2023-24

Over **18,000** hospitalisations in people 15 years and over were due to asthma⁴

GIRLS AND WOMEN ACCOUNTED FOR:

- + 2 in 3** (66%) hospitalisations in people 15-29 years
- + 7 in 10** (70%) hospitalisations in people 30-69 years
- + 3 in 4** (74%) hospitalisations in people 70 and over

There were over **twice** as many hospitalisations in girls and women aged 15 and over as in boys and men the same age

ASTHMA HOSPITALISATIONS 2023-24⁴

Age group (years)	Men	Women
0-14	~8500	~5000
15+	~5500	~13000

For medical advice on how to best treat and manage your asthma, speak to your doctor or pharmacist.

To speak with an Asthma Educator, call **1800 ASTHMA** (1800 278 462) or visit asthma.org.au



1. Australian Bureau of Statistics (ABS). Asthma [cited 2026 Feb 3]. www.abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release 2. ABS. Causes of Death, Australia, data cubes 2024 [cited 2025 Nov 14]. www.abs.gov.au/statistics/health/causes-death/causes-death-australia/2024 3. National Asthma Council Australia. Asthma Mortality Statistics 2024 [cited 2025 Nov 25]. www.nationalasthma.org.au/living-with-asthma/resources/health-professionals/infographics/asthma-mortality-statistics-2024 4. Australian Institute of Health and Welfare (AIHW). Principal diagnosis data cubes. Separation statistics by principle diagnosis, Australia, 2023-24 [cited 2025 Jul 9]. www.aihw.gov.au/reports/hospitals/principal-diagnosis-data-cubes/contents/summary 5. AIHW. Australian Burden of Disease Study 2024 [cited 2026 Feb 4]. <https://www.aihw.gov.au/reports/burden-of-disease/australian-burden-of-disease-study-2024>