Asthma: What your doctor needs to know

A Burmese community resource

Are you taking other medicines - prescribed or not prescribed?

How often do you use a blue puffer?

Do you smoke or live with a smoker?

Do you get asthma symptoms when you exercise?

Are you waking up at night with cough, wheeze (whistling noise), tight chest?

Do you have allergies, hay fever, or eczema (dermatitis)?

Does your asthma stop you from living life well?

How often are you taking your preventer inhaler?

Do you need more information? Call 1800 278 462 (Free interpreter service)