

Adhiäma: Ye kunu gör diktordu bë nyic:

Asthma: What your doctor needs to know

A community resource in Dinka

Dëk yin në wel kök (ci ke göt në diktör ka këc ëke göt)?

Are you taking other medicines - prescribed or not prescribed?

Ye yin päppa (puffer) manjök dac kuoth?

How often do you use a blue puffer?

Ye yin math ka ciënjë kekë ranëmath?

Do you smoke or live with a smoker?

Dëkë yin ye ciit adhiäma yök të cæeth ka kat yin?

Do you get asthma symptoms when you exercise?

Nɔŋ yin tuentyueny kök (puöu, göyök, kuënyëpuöu)?

Do you have other illnesses (heart, lung, emotional)?



Ee yin päac waköu ke yool/boyiityiit (lotëriit ë wum) /rööm pëem (puöu)

Are you waking up at night with cough, wheeze (whistling noise), tight chest?

Nɔŋ yin këwac ke guöpdu, juënayel ka akuök (dermatitis)?

Do you have allergies, hay fever, or eczema (dermatitis)?

Dëkë adhiämadu ye yi pën ba pïrdu nyiëc both apuoth?

Does your asthma stop you from living life well?

Ye yin wälëgël dhukyötëwëëi dac lööm?

How often are you taking your preventer inhaler?